



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15 SWIM 5:45-7:15am PM OFF	16 OFF AM SWIM 3:30-5:30 pm	17 SWIM 5:45-7:15am SWIM 330-430PM	18 AM OFF SWIM 3:30-4:30 pm	19 Swim: 545am-715am OFF	20 OFF SWIM ONTARIO CONFERENCE
21	22 SWIM 5:45-7:15am PM OFF	23 DRYLAND 6-7AM SWIM 3:30-5:30 pm	24 SWIM 5:45-7:15am SWIM 330-430PM	25 AM OFF SWIM 3:30-4:30 pm	26 Dryland/Swim: 545am-715am SWIM: 330-5PM	27 SWIM 6AM-8AM
28	29 SWIM 5:45-7:15am PM OFF	30 DRYLAND 6-7AM SWIM 3:30-5:30 pm				



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