



2024-2025 Ontario Provincial Standards

		2024-2025 Female Consideration Times														
11 & U	12	13 & Under	14	15	16	17	18&O	EVENT	18&O	17	16	15	14	13 & Under	12	11 & U
LCM	LCM	LCM	LCM	LCM	LCM	LCM	LCM		SCM	SCM	SCM	SCM	SCM	SCM	SCM	SCM
33.63	32.01	31.05	30.06	29.66	29.41	29.26	28.3	50 Fr	28.01	28.67	28.83	29.06	29.45	30.42	31.37	32.94
1:14.41	1:10.65	1:07.95	1:05.76	1:04.58	1:03.51	1:03.21	1:02.06	100 Fr	1:01.02	1:01.93	1:02.42	1:03.28	1:04.43	1:06.59	1:09.23	1:12.92
2:44.43	2:34.87	2:30.17	2:23.29	2:21.78	2:20.04	2:18.97	2:16.30	200 Fr	2:13.51	2:16.19	2:17.29	2:18.93	2:20.42	2:27.15	2:31.77	2:41.13
5:50.54	5:28.95	5:19.69	5:07.59	5:03.15	4:59.68	4:55.12	4:47.33	400 Fr	4:43.59	4:49.21	4:54.51	4:57.08	5:01.44	5:13.29	5:22.65	5:43.52
11:36.41	11:29.52	11:09.13	10:39.33	10:34.08	10:23.78	10:19.86	10:13.66	800 Fr	10:01.38	10:07.46	10:13.60	10:21.40	10:27.67	10:55.74	10:55.72	11:22.48
		21:17.96	21:13.28	20:52.66	20:40.12	20:27.71	20:15.42	1500 Fr	19:51.12	20:03.16	20:15.44	20:27.59	20:47.80	20:52.39		
1:27.06	1:21.96	1:19.20	1:15.14	1:13.73	1:12.22	1:11.38	1:08.85	100 Bk	1:07.94	1:09.96	1:11.21	1:12.25	1:13.63	1:17.61	1:20.31	1:25.32
3:05.40	2:55.44	2:50.88	2:42.79	2:39.90	2:37.55	2:36.38	2:30.93	200 Bk	2:28.66	2:33.25	2:34.51	2:36.70	2:39.52	2:47.46	2:51.92	2:41.69
1:39.36	1:33.38	1:29.64	1:25.78	1:23.89	1:23.05	1:22.21	1:21.35	100 Br	1:19.72	1:20.57	1:22.37	1:22.21	1:24.06	1:27.85	1:31.51	1:37.36
3:31.26	3:21.54	3:15.21	3:07.22	3:05.89	3:04.42	3:02.57	2:59.16	200 Br	2:55.57	2:58.92	3:00.72	3:02.16	3:03.47	3:11.73	3:17.51	3:27.02
1:28.90	1:21.55	1:16.70	1:13.08	1:11.27	1:10.64	1:09.61	1:08.20	100 FI	1:06.97	1:08.21	1:09.22	1:09.84	1:11.61	1:15.15	1:19.91	1:27.11
3:35.16	3:13.98	3:13.43	2:49.97	2:46.32	2:45.28	2:41.92	2:33.42	200 FI	2:30.75	2:38.67	2:41.97	2:42.99	2:46.57	3:09.55	3:10.10	3:30.86
3:05.35	2:56.34	2:49.54	2:43.29	2:42.45	2:38.22	2:37.18	2:35.03	200 IM	2:32.47	2:34.03	2:35.06	2:39.20	2:40.02	2:46.15	2:52.81	3:01.63
6:26.02	6:22.20	6:14.81	5:55.00	5:52.02	5:44.96	5:41.42	5:38.01	400 IM	5:31.24	5:34.59	5:38.05	5:44.97	5:47.89	6:07.32	6:14.55	6:18.29

		2024-2025 Male Consideration Times														
11 & U	12	13 & Under	14	15	16	17	18&O	EVENT	18&O	17	16	15	14	13 & Under	12	11 & U
LCM	LCM	LCM	LCM	LCM	LCM	LCM	LCM		SCM	SCM	SCM	SCM	SCM	SCM	SCM	SCM
33.67	31.54	29.61	27.71	26.97	26.42	26.2	25.02	50 Fr	24.51	25.68	25.89	26.42	27.15	29.01	30.9	32.99
1:14.52	1:09.77	1:04.97	1:00.86	58.92	57.8	57.15	54.72	100 Fr	53.62	56.01	56.63	57.73	59.65	1:03.67	1:08.37	1:13.03
2:43.96	2:35.08	2:23.94	2:14.85	2:10.55	2:07.98	2:06.74	2:00.87	200 Fr	1:58.45	2:04.20	2:05.42	2:07.94	2:12.15	2:21.05	2:31.97	2:40.68
5:43.96	5:29.05	5:09.82	4:47.14	4:40.19	4:37.11	4:37.89	2:29.60	400 Fr	4:24.21	4:29.38	4:31.57	4:34.58	4:41.40	5:03.61	5:22.47	5:41.70
10:54.57	10:48.09	10:41.67	10:09.15	9:51.29	9:44.80	9:39.42	9:33.62	800 Fr	9:22.14	9:27.82	9:33.11	9:39.25	9:56.96	10:28.83	10:35.12	10:41.47
		20:24.36	19:51.66	19:39.78	19:06.51	19:00.33	18:48.91	1500 Fr	18:26.34	18:37.51	18:59.31	19:15.86	19:27.83	11:59.86		
1:27.33	1:21.46	1:15.23	1:09.67	1:08.62	1:05.62	1:05.46	1:04.27	100 Bk	1:02.97	1:04.15	1:04.31	1:07.25	1:08.17	1:13.72	1:19.83	1:25.58
3:05.89	2:54.80	2:44.67	2:33.41	2:28.42	2:25.61	2:24.29	2:19.72	200 Bk	2:16.93	2:21.40	2:22.69	2:25.45	2:30.33	2:41.37	2:51.30	3:02.16
1:39.76	1:32.43	1:25.69	1:19.25	1:15.53	1:14.43	1:13.45	1:09.41	100 Br	1:08.91	1:08.83	1:12.94	1:14.02	1:16.72	1:23.96	1:30.57	1:37.75
3:34.76	3:18.87	3:06.83	2:56.14	2:46.15	2:44.86	2:44.10	2:31.71	200 Br	2:28.68	2:40.81	2:41.55	2:42.82	2:52.62	3:03.09	3:14.89	3:30.46
1:29.46	1:22.00	1:13.80	1:07.91	1:05.02	1:03.14	1:02.39	59.46	100 FI	58.26	1:01.14	1:01.87	1:03.72	1:06.52	1:12.32	1:20.35	1:27.66
3:17.94	3:15.99	2:58.95	2:37.54	2:31.30	2:24.73	2:24.00	2:19.42	200 FI	2:16.63	2:21.12	2:21.83	2:28.27	2:34.38	2:55.37	3:12.06	3:13.98
3:06.98	2:54.61	2:43.16	2:32.46	2:28.15	2:24.38	2:21.69	2:18.40	200 IM	2:15.62	2:18.86	2:21.48	2:25.06	2:29.40	2:39.90	2:51.11	3:03.23
6:22.09	6:18.31	5:56.05	5:30.67	5:20.48	5:14.22	5:12.04	5:05.70	400 IM	4:59.58	5:05.80	5:07.93	5:13.91	5:24.06	5:48.92	6:10.74	6:14.45