

Huronia Short Course Regional Championships

Feb 2-4, 2024

Hosted by: Barrie Trojan Swim Club

Location: East Bayfield Community Centre
80 Livingstone St. E., Barrie, ON L4M 6X9

Meet Times: SCHEDULE OF SESSIONS:



2024 Huronia Region Short Course Championships



SCHEDULE OF SESSIONS

Session #	Date	Warm-up period	Start of session	Approx. Finish of session	Time Final/Prelim /Finals
1	Fri Feb 2	7:00 AM	8:00 AM	11:30 AM	3.5 hrs Prelim
2	Fri Feb 2	12:30 PM	1:30 PM	3:30 PM	2 hrs
3	Fri Feb 2	4:30 PM	5:30 PM	7:30 PM	2 hrs
4	Sat Feb 3	7:00 AM	8:00 AM	11:30 AM	3.5 hrs
5	Sat Feb 3	12:30 PM	1:30 PM	3:30 PM	2 hrs
6	Sat Feb 3	4:30 PM	5:30 PM	7:30 PM	2 hrs
7	Sun Feb 4	7:00 AM	8:00 AM	11:30 AM	3.5 hrs
8	Sun Feb 4	12:30 PM	1:30 PM	3:30 PM	2 hrs

Officials: Request for Officials, We greatly appreciate the support of both our visiting and home officials! If you are able to volunteer during this meet, please signup online on SignUpGenius. Cut and paste this link to your browser. [Officials Request Sign up](#)

Meet Rules:

All swimmers are to wear CATS clothing, caps ***this is mandatory!** Bring lots of team spirit! We want to be the loudest team there ☺ Send water and small snacks with your swimmers to have with them during the meet. **There is NO guarantee all swimmers will be in relays. All swimmers are required to stay and cheer on deck until all of the CATS have finished racing. ABSOLUTELY NO PHONES ON DECK OR IN CHANGEROOMS Please plan accordingly.**

of Events Breakdown is as follows: QT = qualifying times

8 QTs=8 events; 7 QTs=7 events; 6 QTs=6 events; 5 QTs=5 events; 4 QTs= 4 events; 3 QTs=4 events (1 bonus); 2 QT=4 events (2 bonus) 1 QT=4 events (3 bonus)

Cost: 8 events: 140.00; 7 events: 130.00; 6 events: 120.00; 5 events 110.00; 4 events 100.00

- DUE THURSDAY JAN 18, 2024**

Please return this to the Cats mailslot in the CATS office at the Rec Centre (end of the Aquatic Hall) by Jan 18. Please respect the deadline.

Yes, _____ will attend Huronia SC Regional Champs.

I would like to apply \$_____ from my family account towards the entry fees. I have enclosed a cheque/cash/sent etransfer for \$_____ to cover the remaining amount owing. (indicate method of payment)

Please enclose cheque payable to: Orillia Channel Cats by **Thurs Jan 18**.

E transfers sent to: channelcatstreasurer@gmail.com message: SC Regionals Entry Fee

Event List

Session 1 - 13&O Prelims + Timed Finals*			
Friday February 2, 2024			
Warm-up: 7:00 AM -- Start: 8:00 AM			
Women	Ages	Event	Men
1	13&O	100 m Back	2
3	13&O	50 m Fly	4
5	13&O	200 m Free	6
7	13&O	100 m Breast	8
9	13&O	50 m Free	10
11	13&O	800 m Free* (slower heats)	12
13	13&O	200 m IM	14
101	13&O	200 m (4x50 m) Free Relay*	102

Session 2 - 12&U Timed Finals*			
Friday February 2, 2024			
Warm-up: 12:30 PM -- Start: 1:30 PM			
Women	Ages	Event	Men
51	12&U	100 m Back*	52
53	12&U	200 m Free*	54
55	12&U	100 m Breast*	56
57	12&U	50 m Free*	58
59	11-12	800 m Free*	60
61	12&U	200 m IM*	62
151	12&U	200 m (4x50 m) Free Relay*	152

Session 3 - 13&O Finals Friday February 2, 2024 Warm-up: 4:30 PM -- Start: 5:30 PM		
Women	Ages & Event	Men
11	13&O 800 m Free (fastest heat)	12
1	13yr 100 m Back A Final 14yr 100 m Back A Final 15yr 100 m Back A Final 16&O 100 m Back A&B Final	2
3	13yr 50 m Fly A Final 14yr 50 m Fly A Final 15yr 50 m Fly A Final 16&O 50 m Fly A&B Final	4
5	13yr 200 m Free A Final 14yr 200 m Free A Final 15yr 200 m Free A Final 16&O 200 m Free A&B Final	6
7	13yr 100 m Breast A Final 14yr 100 m Breast A Final 15yr 100 m Breast A Final 16&O 100 m Breast A&B Final	8
9	13yr 50 m Free A Final 14yr 50 m Free A Final 15yr 50 m Free A Final 16&O 50 m Free A&B Final	10
13	13yr 200 m IM A Final 14yr 200 m IM A Final 15yr 200 m IM A Final 16&O 200 m IM A&B Final	14

Session 4 - 13&O Prelims + Timed Finals* Saturday February 3, 2024 Warm-up: 7:00 AM -- Start: 8:00 AM			
Women	Ages	Event	Men
15	13&O	200 m Back	16
17	13&O	50 m Breast	18
19	13&O	100 m Free	20
21	13&O	50 m Back	22
23	13&O	1500 m Free*	24
25	13&O	100 m Fly	26
201	13&O	200 m (4x50 m) Medley Relay*	202

Session 5 - 12&U Timed Finals* Saturday February 3, 2024 Warm-up: 1:00 PM -- Start: 2:00 PM			
Women	Ages	Event	Men
63	12&U	200 m Back*	64
65	12&U	50 m Breast*	66
67	12&U	100 m Free*	68
69	12&U	50 m Back*	70
73	12&U	100 m Fly*	74
251	12&U	200 m (4x50 m) Medley Relay*	252

Session 6 - 13&O Finals Saturday February 3, 2024 Warm-up: 4:30 PM -- Start: 5:30 PM		
Women	Ages & Event	Men
23	13&O 1500 m Free (fastest heat)	24
15	13yr 200 m Back A Final 14yr 200 m Back A Final 15yr 200 m Back A Final 16&O 200 m Back A&B Final	16
17	13yr 50 m Breast A Final 14yr 50 m Breast A Final 15yr 50 m Breast A Final 16&O 50 m Breast A&B Final	18
19	13yr 100 m Free A Final 14yr 100 m Free A Final 15yr 100 m Free A Final 16&O 100 m Free A&B Final	20
21	13yr 50 m Back A Final 14yr 50 m Back A Final 15yr 50 m Back A Final 16&O 50 m Back A&B Final	22
25	13yr 100 m Fly A Final 14yr 100 m Fly A Final 15yr 100 m Fly A Final 16&O 100 m Fly A&B Final	26

Session 7 - 13&O Timed Finals* Sunday February 4, 2024 Warm-up: 7:00 AM -- Start: 8:00 AM			
Women	Ages	Event	Men
27	13&O	200 m Breast*	28
29	13&O	400 m IM*	30
31	13&O	200 m Fly*	32
33	13&O	400 m Free*	34
301	13&O	200 m (4x50 m) Mixed Free Relay*	301
303	13&O	200 m (4x50 m) Mixed Medley Relay*	303

Session 8 - 12&U Timed Finals* Sunday February 4, 2024 Warm-up: 12:00 PM -- Start: 1:00 PM			
Women	Ages	Event	Men
75	11-12	200 m Breast*	76
77	12&U	50 m Fly*	78
79	10&U	100 m IM*	80
81	11-12	400 m IM*	82
83	11-12	200 m Fly*	84
85	12&U	400 m Free*	86
351	12&U	200 m (4x50 m) Mixed Free Relay*	351
353	12&U	200 m (4x50 m) Mixed Medley Relay*	353