



Jan 26, 2022

The **Self-Screening & Isolation Protocols** and **COVID-19 Reporting Protocols** are in place to try to decrease the likelihood of spreading infection by encouraging sick or symptomatic participants (swimmers, coaches, officials, volunteers) to stay home and monitor their health.

Screening & Isolation Protocols

Please follow all published Ontario Health screening guidelines.

Before the Activity*

Swim Ontario defines an **ACTIVITY as any Swim Ontario club approved activity*

Participants shall not attend the activity if they (or someone in their household):

- feels ill or experiencing any of signs or [symptoms of COVID-19](#) (even mild ones)
- have tested positive with a Rapid Antigen test.
- are currently diagnosed with COVID-19, or are waiting to hear the results of a lab test for COVID-19
- have been notified that they may have been exposed to COVID-19 and must self-isolate based on [Ontario health isolation protocols](#) after exposure
- have been told by a doctor, health care provider, or public health unit to self-isolate
- **do not pass self-screening**
- **do not pass the Swim Ontario COVID Attestation**

Participants must complete a screening before attending an activity

- Age Group Swimmers may use the [Ontario Health School Screening guidelines](#) before attending an activity
- Other Participants (Varsity & Masters swimmers, coaches, officials, volunteers, support staff, etc) may use the [Ontario Health Self-Assessment form](#) before attending an activity.

Anyone who does not pass screening may not attend the activity and should follow provincial guidelines (self-isolate, call their health care provider or Telehealth Ontario). Further investigations may include a test for COVID-19. If home isolation is required, follow all [Ontario Health Isolation Protocols](#). The participant may not return until they pass screening.



COVID-19 Reporting Protocols

All clubs must designate an individual responsible for communication with staff, training groups, facilities, Swim Ontario and other appropriate organizations including PHU, if applicable.

If a participant is presumed to have COVID-19 or tests positive for COVID-19, the following steps must be taken by the Club representative responsible for reporting COVID-19 positive individuals:

- The participant must be removed from the training group or sanctioned SO activity immediately.
- If applicable, report to the local PHU
- Report to the facility(ies)
 - Follow all directions from public health unit and facility(ies)
 - Public health officials, the facility or club will determine any requirements related to facility and/or group operations, as well as any requirements with respect to contact tracing as it relates to managing the spread of the virus. With the understanding that strict safety rules and procedures are in place and adhered to by all participants.
- Report to Swim Ontario by completing the [COVID-19 Report Form](#)
- Individuals cannot return to activities until they have completed the self-isolation period as per [Ontario Health Isolation Protocols](#) and pass screening in accordance with provincial guidelines.
 - The PHU, may, in some regions, determine who/which individuals are considered to be [close contacts](#).
 - All persons who have been deemed to have been in close contact with the individual must follow all public health directions.
 - If the PHU does not provide direction, the club should consult with the facility and determine the next steps for the training group.
 - The facility may request the training group be suspended.

Any additional participants who develop any of the listed symptoms must self-isolate and follow the [Ontario health isolation protocols](#).