2026 Milton Marlin's Dash 4 Cash
October 17-18, 2026

Brief Meet Information

MEET NAME	2026 Milton Marlin's Dash 4 Cash
DATE(s):	October 17-18, 2026
HOSTED BY:	Milton Marlin Swim Team
LOCATION:	Milton Sports Centre, 5-605 Santa Maria Blvd, Milton, ON L9T 6J5
FACILITY:	The pool is an 8 lane 25M indoor facility. Omega Electronics Touch Pad Timing System FINA Approved Sprint Track Start Blocks with Hytek Meet Manager for scoring. Backstroke Ledges for all ages.
PURPOSE & DESCRIPTION:	Open Invitational Age Group Meet. Meet will consist of all time finals plus two eliminator events for 13&Over swimmers.
COMPETITION CONFIGURATION	☑ Single Ended ☐ SCM Double Ended ☐ LCM Chase Starts
MEET PACKAGE:	The only meet package which will be considered as valid must be the most current version found on www.swimming.ca and the Swimming Canada Registration and Event Management System (REMS).
LAST UPDATE:	OCTOBER 11, 2026

Competition Organizing Committee

ROLE	NAME	EMAIL	LEVEL
COMPETITION COORDINATOR(S):	Nilesh Deshmuck	dna7317@gmail.com	4
MEET MANAGER(S):	Sheila Martin Lisa Toews	sheilaemartin1967@gmail.com the.toews@gmail.com	2 5
OFFICIALS COORDINATOR:	Brendan O'Sullivan	b_osullivan@hotmail.com	3

Safety at Competitions

Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

Only Swimming Canada registered active participants (swimmers, officials, certified coaches and support staff for the meet), facility personnel and authorized Swim Ontario personnel are allowed on deck during the competition.

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All participants in this event are reminded that they are bound by Swimming Canada and Swim Ontario Policies and Procedures, including but not limited, to Swimming Canada's General Code of Conduct, their Equity, Diversity and Inclusion Policy, their Harassment Policy and the Swim Ontario Code of Conduct procedure For more information regarding the Swim Ontario Policies and Procedures or Safe Sport please visit the Swim Ontario website https://www.swimontario.com/sport-safety or www.swimming.ca/safesport

Every club and its participants are responsible for ensuring all facility rules and requirements are followed.

Coaches and athletes are reminded that deck changing is not permitted at Swim Ontario sanctioned competitions. Athletes are asked to use the facility's change rooms, or on-deck changing tents if available. Coaches are asked to discourage deck changing and help keep the sport safe for everyone involved.

The Swim Ontario Concussion Management & Swim Ontario Photography, Videography, and Cellphone Procedure will be in effect. For complete details click HERE.

Videography & Photography Permissions

Provided the facility permits, registered club coaches on the compliance list, approved sport science contractors, and support staff may record for coaching purposes without additional authorization.
All other individuals — including club photographers, contracted photographers/videographers, and media — must apply for and receive authorization to access the competition deck before recording in any medium. All recordings must comply with Swim Ontario policies, including the Photography, Videography, and Cellphone Procedure and the Screening Requirements Procedures. Contact Meet Management for the application process. All Official Photographers and Videographers, as approved by Swim Ontario, will be declared within this Meet Package.

ADDITIONAL INFORMATION	☐ This facility does not allow any form of recording (cellphone, cameras, videocameras, etc). ☑ Meet management will not accept requests to access the competition deck to record. ☐ The following are approved by Swim Ontario Official Photographers/Videographers for this event: N/A

Competition Rules

Sanctioned as an Age Group Swimming Invitational by Swim Ontario.
All current Swimming Canada rules will be followed. Competition Rules and procedures contained in this Meet Information package supersede those found within the Swimming Canada Rulebook. All registered para swimmers are subject to the rules defined by their current sport class and codes of exception. The stroke and turn rules apply as per Appendix B of the Swimming Canada rulebook. The Sport Class and Exception Codes should be displayed on heat sheets and must be made available to the Session Referee.

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Ontario provided the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

Combined (mixed) gender swimming is permitted for age group swimming competitions. Canadian Age Group records can not be set when heats involve individual mixed genders.

The Starter shall report a swimmer to the Referee for misconduct taking place at the start of a race as per Swimming Canada rule book. The "misconduct" shall include, but is not limited to (C2.5.2.1):

- Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct.
- Deliberate kicking or striking of the starting platform, including the back plate prior to the start.
- Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. All swimmers must enter the pool with a controlled, feet-first entry.

The Referee may disqualify a swimmer for such misconduct. While warnings have previously been issued for these actions, the rule is now fully enforceable and may result in disqualification.

Please note that Swimming Canada Competition Warm-Up Safety Procedures and Swim Ontario warm-up safety rules will be in effect. Details HERE

It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

- Warm up rules:
    - No loitering at the end of lane
    - Swimmers must be aware of their surroundings and move over to the lane rope when stopped at the end wall to allow other swimmers to turn
    - Swimmers using sprint and pace lanes must be directly supervised by their coaches
    - Deliberate kicking or striking of the starting platform, including the back plate during the sprint periods is not permitted.

Swimmers must enter the pool FEET FIRST in a cautious and controlled manner, entering from a start or turn end only and from a standing or sitting position.

Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed, by the Referee, without warning from their next individual event following the warm-up period in which the violation occurred. The swimmer's name and club shall be registered with the Meet Manager.

AGE UP DATE:	The competitor's age is as the first day of the competition: **October 17, 2026**
DIVE STARTS:	**As per Swimming Canada Part II C4.1.1.2 and C4.1.1.3 swimmers are permitted to start in-water or from a standing position on the deck or bulkhead when Starting Platforms (blocks) are available. As per the Facility Rules for Dive Starts, this competition Starts will be conducted as follows:** ☑ from Starting Platforms (blocks) as per World Aquatics II.4.1 and II.15.4.3 from ☑ from deep end only and/or

	• from the Deck or Bulkhead as per Swimming Canada Rule C4.1.1.1 & II.C4.1.1.3 and World Aquatics II.15.4.3 ☑ from the deep end and/or • In-water starts will be conducted as per Swimming Canada Rule II.C4.1.1.2 and World Aquatics II.15.4.3 ☑ from the deep end
BACSTROKE LEDGES:	☑ Ledges will be used and available for all ages and sessions
d/DEAF AND HARD OF HEARING ACCOMMODATION:	**This competition can provide the following accommodations for athletes who are d/Deaf and Hard of hearing:** • non-verbal instruction provided by a support person from the athlete's own club, who is registered in the REMS as active as Support Staff, Coach or attending registered Swimmer. • Visual Start hand signals given by the starter/referee. • Visual Start Strobe Light options ☑ **Facility-Provided Strobe Light**: An external strobe light is available at this facility ☑ **Personal Strobe Light**: a personal strobe light from the swimmer's own club may be used with advance notice to Meet Management to determine compatibility with the starter unit. **Requesting Accommodations:** Clubs requiring accommodations must contact Meet Management by the Entry Deadline. The support person must have active REMS registration and be listed in the entry submission. Those not listed in the entry submission will be denied deck access. Athletes approved for visual accommodation will have the "HH" designation displayed on heat sheets, which must be made available to the Session Referee, Starter, and officials responsible for the strobe light.

Eligibility

All athletes must be registered as Competitive swimmers with Swimming Canada and possess a valid Swimming Canada registration number. Athletes may only compete under the club or team they are registered with. Registered Para Swimmers are welcome and their current Sport Class must be included in the entries. Entries submitted without a valid registration number and active status in the Swimming Canada Registration and Event Management System (REMS) at the time of the competition will be denied entry. It is the responsibility of the athlete's club to provide proof of active registration status in a swimmer category in REMS. This competition is sanctioned as an Age Group Swimming Invitational, however, foreign swimmer/teams entries will not be accepted.

ADDITIONAL ELIGIBILITY INFORMATION:	☑ Preference will be given to the host club first. ☑ Usport Varsity registered swimmers are welcome to attend. They must represent the Varsity Team they are registered with.

	☑ Pre-competitive registered swimmers are welcome to attend, but may not exceed 1 competition. At this competition, they will compete as Exhibition and are not eligible for scoring or awards. ☑ This meet has Time Standards ☑ for the following 11 & 12 year old events: ● 200 backstroke: 3:15:00 ● 200 breaststroke: 3:45:00 ● 200 butterfly: 3:35:00 ☑ Para-swimmers are exempt from the Time Standards at this competition.
COACH & SUPPORT STAFF REGISTRATION:	Meet management will cross reference the **list of coaches submitted with entries** at this competition with the Swim Ontario Compliance lists. If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance. **Athletes must have a coach or designated coach (coach representative) in attendance during the meet including warm-up sessions.** Clubs needing Support Staff for Para or d/Deaf/Hard of Hearing athletes must register them in the Swimming Canada Registration and Event Management System (REMS) to access the deck at competitions. Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.

Entry Process

ENTRY SUBMISSIONS:	**Entries must be submitted through the Swimming Canada Registration and Events System (REMS) and must include all attending coaches and support staff.** Meet management will: ● not accept entries via email; ● notify clubs within 48 hours of the online entry deadline regarding any rejected entries or required changes to entries; ● notify clubs of any meet format changes or designated warm-up times at least 5 days (for TIER II sanctions) and 10 days (for TIER III & IV sanctions) prior to the start of the competition **Failure to inform meet management of a no-show / withdrawal prior to the deadline for changes to entries will result in loss of entry fees.** Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.
ENTRY DEADLINE:	**The online entry deadline is SEPTEMBER 30, 2026 (at midnight)** ☑ Changes to entries will be accepted until October 9, 2026.

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ENTRY FEE:	**The following fees will apply for this competition:** ☑ Individual Events: $18/event ☑ Swimmer Fee: $11/swimmer **Payment Method:** ● Cheques payable to **Milton Marlin Swim Team** are to be brought to the Administration Desk prior to the start of Session #1. ● eTransfers are to be sent to treasurer@miltonmarlins.ca prior to the start of the meet.
ENTRY LIMITS:	**The following limits are in place for this competition:** ☑ The maximum number of participants per session is 230. ☑ Each club is limited to the following number of swimmers N/A ☑ The maximum number of entries per swimmer is 6 (3 per session) + eliminators for those who qualify.
ENTRY TIMES & CONVERSION:	☑ Entries can be submitted with No Time (NT). ☑ Estimate entry times are accepted and encouraged to ensure a smooth flow of the meet. ☑ Entry Times can be converted (i.e. LCM to SCM) using the standard 2% conversion.

Schedule of Sessions

Session #	Date	Warm-up period	Start of session	Approx. Finish of session	Time Final/Heats /Finals
1A	10/17/2026	#1: 7:30 - 8:10 AM * #2: 8:15 - 8:55 AM *	9:00 AM	11:15 AM	Time Final (13 & Over)
1B	10/17/2026	Starts 15 minutes after Session 1A concludes. Duration: 30 minutes.	30 minutes after warm-up starts	45 minutes after start	Eliminator (13 & Over)
2	10/17/2026	1:30 - 2:10 PM	2:15 PM	4:30 PM	Time Final (12 & Under)
3A	10/18/2026	#1: 7:30 - 8:10 AM * #2: 8:15 - 8:55 AM *	9:00 AM	11:15 AM	Time Final (13 & Over)
3B	10/18/2026	Starts 15 minutes after Session 1A concludes. Duration: 30 minutes.	30 minutes after warm-up starts	45 minutes after start	Eliminator (13 & Over)
4	10/18/2026	1:30 - 2:10 PM	2:15 PM	4:30 PM	Time Final (12 & Under)

WARM UP SPLITS FOR MORNING SESSIONS:

Session #	Warmup #1	Warmup #2
1 - Sat	MMST	ACES, CAJ, CW, CATS
3 - Sun	ACES, CAJ, CW, CATS	MMST

Meet Format & Administration

SEEDING:	After all times are converted as pursuant to the conversion process: ☑ Seeding for Timed Final events will be in order of entry times, slowest to fastest. Swimmers entered with NT (no time) will be seeded last.
DECK ENTRIES:	All accepted Deck Entries are Exhibition Only and are not eligible for scoring or awards. No new heats will be created for deck entries (only empty lanes, if available). Swimmer Deck entries are permitted provided proof of active registration status with valid Swimming Canada ID is provided to Meet Management. ☑ Deck Entry Fee: $20/event
SCRATCHES & POSITIVE CHECK IN RULES:	**The following are the Scratch deadlines for this competition.** ☑ There is a scratch deadline for the following events: ☑ 13 & Over Eliminator Events (scratches are to be submitted to the Admin Desk no later than 30 minutes following the posting of results for the qualifying events). ☑ Coaches are asked to submit scratches to the Admin Desk 30 minutes prior to the start of each session to allow for seeding of deck entries. **The following are the Positive Check-in deadlines for this competition.** ☑ There is no positive check-in required for this competition. ☑ Swimmers are to report to the Marshalling Area (by the Administration Desk) when their event is announced. Swimmers are <u>not</u> to go directly behind the blocks.
PENALTIES:	☑ Failure to participate in an Eliminator event will result in following penalty: ☑ Fee: $50/missed Eliminator event.
OFFICIAL SPLIT TIMES:	Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the <u>Admin Desk</u>. Requests for official splits in gendered and mixed relays are not required, however in mixed relays the official time will not be recognized as a Canadian Age Group record. ☑ Official Split Forms are available at the Admin Desk. ☑ Official Split Forms must be returned to the Admin Desk prior to the end of warm-up ☑ Not all Official Split requests can be accommodated.
SWIM OFFS:	**This competition offers eliminator events.** • All swim-offs are to be run during or at the end of the session in which the tie occurred at a time mutually agreed upon by coaches and officials. • Coaches are to report to the Admin Desk when a swim-off is announced.
DISQUALIFICATION & PROTEST PROCEDURE:	The Athlete or Coach must be informed of the particulars of the disqualification within fifteen (15) minutes of the Athlete's race. If that deadline is missed, the disqualification stands only if all reasonable efforts were made to inform them. A public address announcement of the disqualification satisfies this requirement.

	• The Coach or Team Leader should first discuss the disqualification with the Session Referee, and may ask to view the disqualification slip. • If the matter is not resolved, the Coach or Team Leader may submit a written appeal to the Session Referee or Admin Desk within 30 minutes of the result being posted. Appeal forms are available at the Admin Desk. • If the Session Referee rejects the appeal, the Coach or Team Leader may request a Jury of Appeal. This request must be made within one hour of the Referee's written decision being communicated. • Video from personal devices will not be accepted at any stage of the appeal process. Only official video approved by the Competition Coordinator before the start of the competition may be consulted (II.C12.5.2). The following are approved as video evidence: ☑ No approved video • The Appeals & Jury of Appeal Standard Operating Procedure will be followed.
RECORDS:	☑ Swim times achieved at this competition will NOT be used for applications of provincial and national records.
MEET RESULTS:	**Official Results will be posted within 48 hours of completion of the meet to** www.swimming.ca ☑ Unofficial Results will be posted at the meet. ☑ Unofficial mobile applications results will be available.
SCORING:	**The following scoring will be applied:** ☑ No Scoring
AWARDS:	**The following will be awarded:** 12 & Under: • Medals for 1st, 2nd, and 3rd place for the following age groups: ○ 10 & Under (male and female) ○ 11 & 12 (male and female) • Bell Heats 13 & Over: • Medals for 1st, 2nd, and 3rd place for the following age groups: ○ 13 & 14 (male and female) ○ 15 & Over (male and female) **13 & Over Eliminators - $1,600 in Cash and Prizes to be Won!** Reserved for 13 & 14 and 15 & Over male and female swimmers only. <u>Saturday, October 17th / 50M Free Eliminator</u> The top 8 qualifiers in Saturday morning's 50m Freestyle in the 13 & 14 and 15 & Over male and female age categories are eligible to compete in a 5x50m Eliminator to be held in Session 1B.

	Swimmers will be eliminated at the end of each race until we have a winner. There will be approximately 5 minutes between races. ● Round 1: 2 eliminated – no prize awarded ● Round 2: 2 eliminated – 6th place receives $10; 5th place receives $15 ● Round 3: 1 eliminated – 4th place receives $20 ● Round 4: 1 eliminated – 3rd place receives $30 ● Round 5: 1 eliminated – 2nd place receives $50; 1st place receives $75 Sunday, October 18th / IM Eliminator The top 8 qualifiers in Saturday Morning's 100M Individual Medley in the 13 & 14 and 15 & Over male and female age categories are eligible to compete in a 4x50M Eliminator to be held in Session 1B. Swimmers will be eliminated upon the finish of each 50M race until we have a winner. A different IM stroke will be randomly determined prior to the start of each round of 50M races (no stroke will be repeated). There will be approximately 5 minutes between races. ● Round 1: 2 eliminated – no prize awarded ● Round 2: 2 eliminated – 6th place receives $10; 5th place receives $15 ● Round 3: 2 eliminated – 4th place receives $20; 3rd place receives $30 ● Round 4: 1 eliminated – 2nd place receives $50; 1st place receives $75 In the event of a tie between swimmers who would be eliminated in a specific round of either eliminator, both will advance to the next round and an extra swimmer will be eliminated in that round. In the event of a tie in the final round, prize money will be combined and split between all swimmers who competed in that race.
ADDITIONAL INFORMATION:	● Food and beverages are available from the concession stand by the ice rinks. Food will be provided for coaches and officials in the Optimist Room across from the pool. ● Gender neutral changerooms available on-site. Please use the Family Changerooms for this purpose. ● For 13 & Over sessions, lanes 6, 7, & 8 will be open for dive starts for the last 15 minutes of each warmup with lane 8 reserved for backstroke using a ledge. Swimmers must swim to the end of the pool and exit only at the turn end of the pool. Swimmers are not permitted to swim across the pool/other lanes to exit the water. ● ~~Lane 1 will be reserved for Para Swimmers during warmup (as needed).~~ ● Warm-ups for 13 & Over sessions will be split as follows to ensure no more than 20 swimmers will be in each lane: Saturday / Sunday Warm-Up #1 / 7:30-8:10 AM: MMST / ACES, CAJ, CW, CATS Warm-up #2 / 8:15-8:55 AM: ACES, CAJ, CW, CATS / MMST

	• For 12 & Under sessions, lanes 4-8 will be open for dives for the last 10 minutes of warm-up with lane 8 reserved for backstroke using a ledge. Swimmers must swim to the end of the pool and exit only at the turn end of the pool. Swimmers are not permitted to swim across the pool/other lanes to exit the water. • There will be no pace lanes for any of the sessions. • Backstroke ledges will be available for all Sessions. Swimmers are responsible for setting their own ledges. • **Meet Programs will NOT be available for sale on site.** They will be available on our website for free download. Printed copies will be posted in the lobby and inside the pool near the entrance. **Printed copies of heat sheets will be provided to Coaches.** • The entrance to the Milton Sports Centre will be on the Southeast Side of the building (closest to the pool).

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Schedule of Events

Session 1A – Ages 13 & Over Saturday, October 17, 2026 Warm-up: 7:30-8:10 AM & 8:15-8:55 AM | Start: 9:00 AM		
Event Number	**Event Description**	**Gender**
1	50M Freestyle	Male & Female
2	100M Backstroke	Male & Female
3	200M Freestyle	Male & Female
4	200M Breaststroke	Male & Female
5	100M Butterfly	Male & Female
6	50M Breaststroke	Male & Female
7	200M Individual Medley	Male & Female

^Top 8 qualifiers (male and female) in 13&14 and 15&O age categories are eligible to advance to the 50M Free Eliminator.

Session 1B – 50M FREE ELIMINATOR – Ages 13 & Over Saturday, October 17, 2026 Warm-up: 15 mins after Session 1A concludes | Start: 30 minutes after warm-up starts.		
Event Number	**Event Description**	**Gender**
101	50M Free – 13&14 Year Olds	Female
102	50M Free – 13&14 Year Olds	Male
103	50M Free – 15&Over	Female
104	50M Free – 15&Over	Male

Session 2 – Ages 12 & Under Saturday, October 17, 2026 Warm-up: 1:30 - 2:10 PM| Start: 2:15 PM		
Event Number	**Event Description**	**Gender**
8	50M Freestyle	Male & Female
9	100M Backstroke	Male & Female
10	200M Freestyle	Male & Female
11	200M Breaststroke*	Male & Female
12	100M Butterfly	Male & Female
13	50M Breaststroke	Male & Female
14	200M Individual Medley	Male & Female

*11 & 12 Only. Qualifying times exist for this event. Please see *Additional Eligibility Information* section for details.

Session 3A – Ages 13 & Over Sunday, October 18, 2026 Warm-up: 7:30-8:10 AM & 8:15-8:55 AM | Start: 9:00 AM		
Event Number	**Event Description**	**Gender**
15	100M Individual Medley^	Male & Female
16	200M Backstroke	Male & Female
17	50M Butterfly	Male & Female
18	100M Breaststroke	Male & Female
19	50M Backstroke	Male & Female
20	100M Freestyle	Male & Female
21	200M Butterfly	Male & Female

^ Top 8 qualifiers in 13&14 and 15&O age categories are eligible to advance to the IM Eliminator.

Session 3B – IM ELIMINATOR – Ages 13 & Over Sunday, October 18, 2026 Warm-up: 15 mins after Session 3A concludes | Start: 30 minutes after warm-up starts.		
Event Number	**Event Description**	**Gender**
201	IM Eliminator – 13&14 Year Olds	Female
202	IM Eliminator – 13&14 Year Olds	Male
203	IM Eliminator – 15 & Over	Female
204	IM Eliminator – 15 & Over	Male

Each IM stroke to be randomly determined at the start of each round of racing.

Session 4 – Ages 12 & Under Sunday, October 18, 2026 Warm-up: 1:30 - 2:10 PM| Start: 2:15 PM		
Event Number	**Event Description**	**Gender**
22	100M Individual Medley	Male & Female
23	200M Backstroke*	Male & Female
24	50M Butterfly	Male & Female
25	100M Breaststroke	Male & Female
26	50M Backstroke	Male & Female
27	100M Freestyle	Male & Female
28	200M Butterfly*	Male & Female

*11 & 12 Only. Qualifying times exist for these events. Please see *Additional Eligibility Information* section for details.